

Guideline for Action COVID-19

For students of Bielefeld University of Applied Sciences

In case that session participants are infected or suspect it

General instructions

- Students with recognisable symptoms (body temperature $>37.5^{\circ}\text{C}$, loss or change to sense of smell or taste, “new” cough, heavily running nose) will have the opportunity to take a self-test or get tested at the testing centre of Bielefeld University. If the result is negative, they may enter the buildings of Bielefeld University of Applied Sciences. Wearing an FFP2 face mask will be necessary for one week during each stay at the university. The university may require persons who show symptoms to provide proof of a negative test for Covid-19 and refuse access to university premises to them until such proof is presented.
- In accordance with Section 15 V of the Coronavirus Testing and Quarantine Regulations, persons who have been tested positive must notify all persons with whom they have been in close personal contact for four days prior to taking the test or after taking the test. This includes all persons with whom they had contact for a period of over 10 minutes and with a distance fewer than 1.5 metres without both persons wearing a face covering, or persons with whom they shared a badly or non-ventilated room for a longer period.
- At the beginning of each session, teaching staff will ask participants to notify them if a positive test should occur afterwards. Like this, the university will be able to notify session participants through ILIAS without naming the person who tested positive.

Positive PCR test

- A positive PCR test result will be reported to the relevant local health authority by the doctor or laboratory.
- The local health authority will in turn notify the index person (i.e., the person evidently infected with the virus). This person will be asked about any other persons they met with during the last (usually) 2 days before symptoms showed or the PCR test was performed. The index person is obligated to provide information to the local health authority and has to name all contacts.

- The notified person should inform teaching staff and Occupational Safety and Health Protection (e-mail: arbeitsschutz@fh-bielefeld.de) of the positive test result at once. These measures are only necessary if the person has attended any classroom sessions (e.g. lecture, exam etc.) at Bielefeld University of Applied Sciences 2 days prior to the positive test result or the first symptoms or has been to the premises of Bielefeld University of Applied Sciences for other reasons. In this case, we ask for a concrete indication of all sessions or facilities (Data Processing Centre, library etc.) that were attended or visited.
- After the university has received notification, university governance and the respective dean will be informed. Subsequently, the affected member of teaching staff and Occupational Safety and Health Protection of Bielefeld University of Applied Sciences will get in contact with each other. The circumstances of the session will be discussed (type of session, number of participants, room conditions) and further action will be coordinated.
- At the same time, the person who is responsible for the session will inform the participants through ILIAS that someone who attended it has tested positive for Covid-19. That person will not be named; only information on the occurrence of a positive test will be given. Apart from that, participants will receive an offer to take a voluntary antigen self-test or be referred to the testing centre. Tests should, however, be taken no sooner than three days after the session (incubation period after contact with the index person). This offer is expressly directed to those who are vaccinated or have recovered from Covid-19, too, as they can also spread the virus.
- As testing is voluntary, students are permitted to participate in sessions on the premises of Bielefeld University of Applied Sciences: nevertheless, we kindly ask to refrain from doing so until the test result is available.

Quarantine measures and return to the university

- Measures like self-isolation etc. will only be determined by the relevant local health authorities, not by Bielefeld University of Applied Sciences.
- If the local health authorities have imposed a quarantine, the ending of the quarantine conforms to the administrative orders or the regulations set forth in North Rhine-Westphalia's Quarantine Regulations. The premises of Bielefeld University of Applied Sciences may only be entered after the quarantine has ended. As a rule, it takes 14 days from the detection date and at least 2 days without symptoms. For persons who are evidently immunised due to complete vaccination (this would mean a breakthrough infection) quarantine can be lifted after five days through a negative result from a PCR test.

We thank our students that they contribute to protecting university members and containing the virus by voluntarily notifying the university of a positive test result.